



What are Summer Sessions?

A sand program for athletes who want to play beach volleyball during the summer months. Available to athletes 12-18 yrs old, preferably with 1+ season of volleyball experience. This program is ideal for athletes who want to try sand volleyball or have other summer commitments.

Is there a tryout process?

There is not a tryout process for the Summer Session players. All you need to do is sign up for the program. The players will be placed on courts according to the level of play and/or age at the practices to ensure they are being 'pushed' at the proper speed for the individual athlete.

Does the player need to come into the program with a beach partner?

Players can attend with or without a pre-arranged beach partner.

Where do Summer Session players practice?

S3 practices at Rally VB at LakePoint Sporting Community in Emerson.
Address: 163 LakePoint Parkway, Cartersville, GA 30121

When does the season start and when does it end?

Summer Session A runs from May 6th - June 5th.
Summer Session B runs from June 10th - July 15th
Player can also select Mondays starting on May 6th

What is the Summer Session's practice schedule?

Summer Session players can train on Mondays and Wednesdays from 6:00-8:00pm.

How much does it cost?

Summer Session is \$285 per session / 10 -2hour training sessions

What should the players wear and what should they bring?

Players can wear t-shirt, tank, spandex, bathing suit top/bottoms, leggings and a sports bra. Players will need to bring water, towel, cover up clothes, flip flops, sunglasses and sunscreen. Players are not to wear other volleyball club gear during an S3 practice. Players may wear school, college, or tournament gear.

What about tournaments?

Summer Session is a training program only. Tournament play is encouraged, but is not required. Rally will host several tournaments during the Summer Session season where players can participate if they choose. A registered summer session team may receive tournament coaching, provided that S3 coaches are in attendance. S3 will offer pairing suggestions to players who did not come into the program with a pre-set partner.

Which age division do I play?

Unlike indoor volleyball, sand/beach junior age divisions are broken into even ages. 14s are 13U/14U; 16s are 15U/16U; etc.

Your USAV age is the age you will be on August 31, 2019.

- 14 & Under Division:

Players who were born on or after September 1, 2004 (still 13 or 14 on Aug. 31, 2019)

- 16 & Under Division:

Players who were born on or after September 1, 2002 (still 15 or 16 on Aug. 31, 2019)

- 18 & Under Division:

Players who were born on or after September 1, 2000 (still 17 or 18 on Aug. 31, 2019)

or Players who were born on or after September 1, 1998 and a high school student in the 12th grade or below during some part of the current academic year.

Which volleyball membership will I need?

Certain tournaments required a membership to play. Any USAV National Beach Tour, USAV ranked, or SRVA tournaments will require a USAV membership to participate. Any AAU tournaments will require an AAU membership to participate. And AVP will require an AVP membership to participate. ROX tournaments do not require a membership to participate unless it is in conjunction with a USAV or AAU tournament.

USAV/SRVA

- If you played indoor club volleyball for the 2018-2019 season, your SRVA membership is your USAV membership and can be used for outdoor play until October 31, 2019.
- If you did not play indoor club volleyball for the 2017-2018 season, you can purchase a USAV outdoor membership for \$25 through the [SRVA website](#).

AAU

- Some indoor club volleyball programs also provided their players an AAU membership. If your team played in an AAU indoor tournament or will play in AAU Indoor Nationals - chances are you have an AAU membership that will be good until August 31, 2019.
- If you did not play indoor club volleyball or your club did not provide an AAU membership, you can purchase an AAU membership for \$14 through the [AAU website](#).

AVP

- A \$20 AVP membership can be purchased through the AVP website. An AVP membership is good for a year from date of purchase.

Purchasing any of the memberships is only required for players playing in tournaments.